ELEMENTS OF HOME ECONOMICS
For Class IX (marks 75)

I. Significance and scope of Home Economics
   a. Definition of Home Economics
   b. Relationship of Home Economics with other areas of learning.
   c. Special value of Home Economics as a field of study for girls.

II. Understanding one's self and others
   a. Understanding one's self and others
   b. Basic understanding of children's growth and development; their needs
      and problems and how to deal with them
   c. Relationship with others such as family members, class-mates, teachers
      and friends.
   e. Importance of play in a Child's life. Selection of toys

V. Home Management and Housing
   1. Definition and scope of home Management
   2. Importance of management in home making tasks
      a. Principles and processes of management applied to home.
      b. Family resources and their use
      c. Role of consumer.
   3. Family values, goals and standards
   4. The economics of family size
      a. Relation of quality of life to family size
      b. The advantages of planning for home and family
   5. Beauty and comfort in the home
      a. Use of space in the house
      b. Selection and arrangement of furniture
      c. Appreciation of indigenous materials for use in the home
   6. Related Arts
      a. The definition of Art in Home Economics
      b. Application of Art in daily living
      c. Design, its uses in every day living
      d. A short study of contemporary craft design

RECOMMENDED REFERENCE BOOKS FOR CLASS IX

The question paper will be syllabus oriented. However, the following books are
recommended for reference and supplementary reading:

1. Elements of Home Economics
   Punjab Textbook Board, Lahore.
2. Intizam-e-Amore-Khana Dari
   NWFP Textbook Board, Peshawar
3. Food and Nutrition
   Tull Anita
   Oxford University Press, Spain